

WORKSHOP ON VEDA In Modern Context

Organised by
SAKSI



Vedas : Rig Veda, Yajur Veda, Sama Veda, Atharva Veda, contain eternal wisdom. They are very much relevant to the modern age.

Vedic hymns are the repositories of deep psychological insights. By appropriate contemplation on Vedic deities and chanting of the associated Veda Mantras, the corresponding powers like will-power, inspiration, delight etc. take birth in us and grow like a child in the womb. The wealthiness and healthiness of our ancient society is the proof of adoption of Vedic techniques.

It is most essential to realize the secret of Veda and make it a part of our lives.

Our Institute has designed "Workshop on the Veda". The purpose of the workshop is to introduce the insights of the four Vedas to the participants.



Duration of the workshop is half day. In the workshop we first give an overview of the four vedas from a modern or utilitarian view. After that we focus on the issues of interest containing in the Veda:

- Collaboration of Human and Divine Powers.
- The power of mantras and their application in daily life.
- Personality development, facing challenges and interpersonal communication.
- Having a healthy body and knowledge of healing arts.
- Getting happiness, pursuing hobbies like music, athletics etc.
- We also give the original text of the relevant mantras alongwith their translation.

There will be time for question and answer in every session. Audio and Video mediums are used for effective communication.

SAKSI

The Institute 'SAKSI' was started in 1997 with the aim of disseminating the wisdom in the ancient Veda Samhita and related books such as Upanishads, so that the knowledge becomes easily accessible to all interested persons who are not necessarily knowledgeable in Sanskrit or even the Devanagari script.

We have published big volumes on Rig Veda and Yajur Veda. Small and medium size books covering various subjects of Veda published by us have drawn the attention of wider public. New books are continuously added.

www.vedah.org is our website. It gives a variety of knowledge.

In the SAKSI premises we have regular weekly class on Veda. All interested persons can attend the classes. We emphasise on the meaning of the mantras.

'Creative Life Project' is one more unique activity of the Institute. The project aims at unfolding the creativity latent in every one. The membership for CLP is open for all enthusiasts.

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